Healthy Families partners with families in our communities to raise happy, healthy, safe and school-ready children.

“The biggest help from Healthy Families has been all of the amazing support to my little family for my pregnancy and after.”

- Healthy Families Mom

STATISTICS

- 50% less likely to repeat first grade
- 70% more likely to score above grade level in first grade on specific behaviors that promote learning
- 26% reduction in receipt of special education by age 7
- Home-visited moms used non-violent, positive discipline strategies more often
- 48% reduction in low birth weight deliveries among women who enrolled before the 31st week of pregnancy

PARTNER AGENCIES:

- JCEO
- Child Care Coordinating Council
- Public Housing
- One Work Source
- United Way of the Adirondack Region
- Clinton County Health Dept.
- Franklin County Public Health
- Catholic Charities

Healthy Families

BHSN
22 U.S. Oval, Suite 100
Plattsburgh, NY 12903
bhsn.org
(p) 518.563.8000 ext. 2184
(f) 518.324.4497
WHAT IS HEALTHY FAMILIES?

Healthy Families is a home-visiting program providing in-home support for new and expecting parents.

We can connect you with the most beneficial resources in our communities.

Our program strives to develop happy, healthy, safe and school-ready children.

WHY CHOOSE HEALTHY FAMILIES?

- The program is FREE
- 100% voluntary
- Strength-based approach
- On-going support
- Long-term services
- Services available until child enters school or Head Start Program

HOME VISITATION GOALS

- Promote positive parenting skills and parent-child interaction
- Ensure optimal prenatal care, child health and child development
- To enhance family self-sufficiency

SPECIAL PROGRAMS AND EVENTS

- Cookies with Santa
- Summer Picnic
- Halloween Event
- Spring Celebration
- Graduation
- Awareness Walks

Connect with Our Team:

518.563.8000 ext. 2184
hfnystaff@bhsn.org
Options to connect virtually!

Healthy Families is just one of the many programs at BHSN, a leader in integrated healthcare and support services in Northern NY.

Learn more about BHSN and find a complete list of services at bhsn.org.

Transforming Care | Enriching Life