

Healthy Families partners with families in our communities to raise happy, healthy, safe and school-ready children.

STATISTICS

- 50% less likely to repeat first grade
- 70% more likely to score above grade level in first grade on specific behaviors that promote learning
- 26% reduction in receipt of special education by age 7
- Home-visited moms used non-violent, positive discipline strategies more often
- 48% reduction in low birth weight deliveries among women who enrolled before the 31st week of pregnancy

“The biggest help from Healthy Families has been all of the amazing support to my little family for my pregnancy and after.”

- Healthy Families Mom

PARTNER AGENCIES:

- JCEO
- Child Care Coordinating Council
- Public Housing
- One Work Source
- United Way of the Adirondack Region
- Clinton County Health Dept.
- Franklin County Public Health
- Catholic Charities



Office of Children
and Family Services

Healthy Families

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HEALTHY FAMILIES

North Country



healthy families
north country

An Affiliate of Healthy Families America™

serving clinton, essex, franklin, warren & hamilton counties

a program component of:



BHSN
TRANSFORMING CARE | ENRICHING LIFE

WHAT IS HEALTHY FAMILIES?

Healthy Families is a home-visiting program providing in-home support for new and expecting parents.

We can connect you with the most beneficial resources in our communities.

Our program strives to develop happy, healthy, safe and school-ready children.

WHY CHOOSE HEALTHY FAMILIES?

- The program is FREE
- 100% voluntary
- Strength-based approach
- On-going support
- Long-term services
- Services available until child enters school or Head Start Program

HOME VISITATION GOALS

- Promote positive parenting skills and parent-child interaction
- Ensure optimal prenatal care, child health and child development
- To enhance family self-sufficiency

SPECIAL PROGRAMS AND EVENTS

- Cookies with Santa
- Summer Picnic
- Halloween Event
- Spring Celebration
- Graduation
- Awareness Walks

Connect with Our Team:



518.563.8000 ext. 2184



hfnystaff@bhsn.org



Options to connect virtually!



Healthy Families is just one of the many programs at **BHSN**, a leader in integrated healthcare and support services in Northern NY.

Learn more about BHSN and find a complete list of services at **bhsn.org**.

Transforming Care | Enriching Life