

### **Testimony**

"The biggest help from Healthy Families has been all of the amazing support to my little family for my pregnancy and after."

#### **PARTNER AGENCIES**

- JCEO
- Child Care Coordinating Council
- Public Housing
- One Work Source
- United Way of the Adirondack Region
- Clinton County Health Department
- Franklin County Public Health
- Catholic Charities

Healthy Families partners with families in our communities to raise happy, healthy, safe and school-ready children.

### **STATISTICS**

- 50% less likely to repeat first grade
- 70% more likely to score above grade level in first grade on specific behaviors that promote learning
- 26% reduction in receipt of special education by age 7
- Home-visited moms used non-violent, positive discipline strategies more often
- 48% reduction in low birth weight deliveries among women who enrolled before the 31st week of pregnancy



(518) 563.8206 www.bhsn.org

a program component of

BHSN
BEHAVIORAL HEALTH SERVICES NORTH, INC.



## **Healthy Families**

Behavioral Health Services North, Inc. 22 US Oval - Suite 218 Plattsburgh, NY 12903 www.bhsn.org



#### **HOME VISITATION GOALS**

- Promote positive parenting skills and parent-child interaction
- Ensure optimal prenatal care, child heath and child development
- To enhance family self-sufficiency

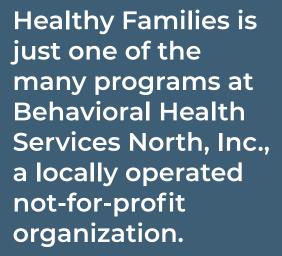
# WHY CHOOSE HEALTHY FAMILIES?

- The program is FREE
- 100% voluntary
- Strength-based approach
- On-going support
- Long-term services
- Services available until child enters school or Head Start Program

# SPECIAL PROGRAMS AND EVENTS

- Cookies with Santa
- BHSN Kids' Carnival
- Summer picnic
- Halloween event
- Spring celebration
- Graduation
- Awareness walks









#### WHAT IS HEALTHY FAMILIES?

Healthy Families is a homevisiting program providing in-home support for new and expecting parents.

We can connect you with the most beneficial resources in our communities.

Our program strives to develop happy, healthy, safe and school-ready children.