



## Testimony

***"The biggest help from Healthy Families has been all of the amazing support to my little family for my pregnancy and after."***

## PARTNER AGENCIES

- JCEO
- Child Care Coordinating Council
- Public Housing
- One Work Source
- United Way of the Adirondack Region
- Clinton County Health Department
- Franklin County Public Health
- Catholic Charities

**Healthy Families partners with families in our communities to raise happy, healthy, safe and school-ready children.**

## STATISTICS

- 50% less likely to repeat first grade
- 70% more likely to score above grade level in first grade on specific behaviors that promote learning
- 26% reduction in receipt of special education by age 7
- Home-visited moms used non-violent, positive discipline strategies more often
- 48% reduction in low birth weight deliveries among women who enrolled before the 31st week of pregnancy



**(518) 563.8206**  
[www.bhsn.org](http://www.bhsn.org)

a program component of

**BHSN**  
BEHAVIORAL HEALTH SERVICES NORTH, INC.



**Office of Children  
and Family Services**

**Healthy Families**  
Behavioral Health  
Services North, Inc.  
22 US Oval - Suite 218  
Plattsburgh, NY 12903  
[www.bhsn.org](http://www.bhsn.org)



## HOME VISITATION GOALS

- Promote positive parenting skills and parent-child interaction
- Ensure optimal prenatal care, child health and child development
- To enhance family self-sufficiency

## WHY CHOOSE HEALTHY FAMILIES?

- The program is FREE
- 100% voluntary
- Strength-based approach
- On-going support
- Long-term services
- Services available until child enters school or Head Start Program

## SPECIAL PROGRAMS AND EVENTS

- Cookies with Santa
- BHSN Kids' Carnival
- Summer picnic
- Halloween event
- Spring celebration
- Graduation
- Awareness walks

**CALL US TODAY (518) 563.8206**



**Healthy Families is just one of the many programs at Behavioral Health Services North, Inc., a locally operated not-for-profit organization.**

**BHSN**  
BEHAVIORAL HEALTH SERVICES NORTH, INC.

## WHAT IS HEALTHY FAMILIES?

Healthy Families is a home-visiting program providing in-home support for new and expecting parents.

We can connect you with the most beneficial resources in our communities.

Our program strives to develop happy, healthy, safe and school-ready children.